



This is your invitation  
to become an accredited  
*LightWalker* Coach

*Make a meaningful impact on yourself, your clients, your teams  
and in your workplace.*

***Join the growing number of Accredited LightWalker Coaches.***

**Coaching is a worldwide growth industry**

Coaching has grown 33% since 2015, and revenues have grown by 36% in the same period.

**Coaching is well accepted in the English-speaking world.**

There are around 70,000 business coaches in the world. Of the 18,000 coaches in Europe, 80% operate in the UK and Germany. Australia with its 4,300 coaches is the world leader. (Source: <https://blog.gitnux.com/business-coaching-statistics/>)

**There were only 1,600 coaches operating in South Africa in 2018**

If we had the same number of coaches per person as Australia, we would have 130,000 coaches! In South Africa, there are around 25,000 businesses with 50 employees or more. No matter which way you look at it, South Africa is under-served when it comes to coaches. LightWalker coaching brings the life force back into the workforce.

LightWalker coaches shine their light from behind the client, so that the client can more easily see the way for themselves.

If you think the world would be a better place if people were completely free to be their authentic selves, without shame, then join the growing number of accredited LightWalker coaches who are healing the world, one conversation at a time.

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**YOUR COURSE LEADERS: LIGHTWALKER CONSULTING FOUNDER, TARYN SYDOW AND ACCREDITED LIGHTWALKER COACH, ERICH VIEDGE.**

**Taryn Sydow** is a coach, healer, and teacher. She is passionate about empowering people and connecting them to their light so they can live a full vibrant life. Her business LightWalker Consulting exists to ***Bring the life force back into the workforce.***

After 20 years of coaching individuals, teams and leaders, she has developed a powerful approach to holistic coaching that transforms people's lives. It is time to empower select coaches to do the same by developing a network of

*LightWalker* accredited Coaches.

You are invited to be among the newest member of this transformational network.

During the 10 month programme, you will deepen your existing coaching skills, gain new insights and grow as a coach and as a person.

You will be able to take what you have learned and make a meaningful impact for your clients, your teams and your workplace.

**Interested? Read on...**

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## Does accreditation mean I will work for LightWalker Consulting?

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No. You will continue with your coaching practice or leadership journey, but with the skills and knowledge you take from the LightWalker Coaching accreditation as well as your membership to the LightHearted Leader network. Accredited coaches may be offered contracts in LightWalker Consulting clients if and when the need arises.

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## What makes LightWalker Accreditation meaningful to me?

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Sometimes clients are stuck in a way that even a skilled coach can't shift. That seldom happens to LightWalker coaches.

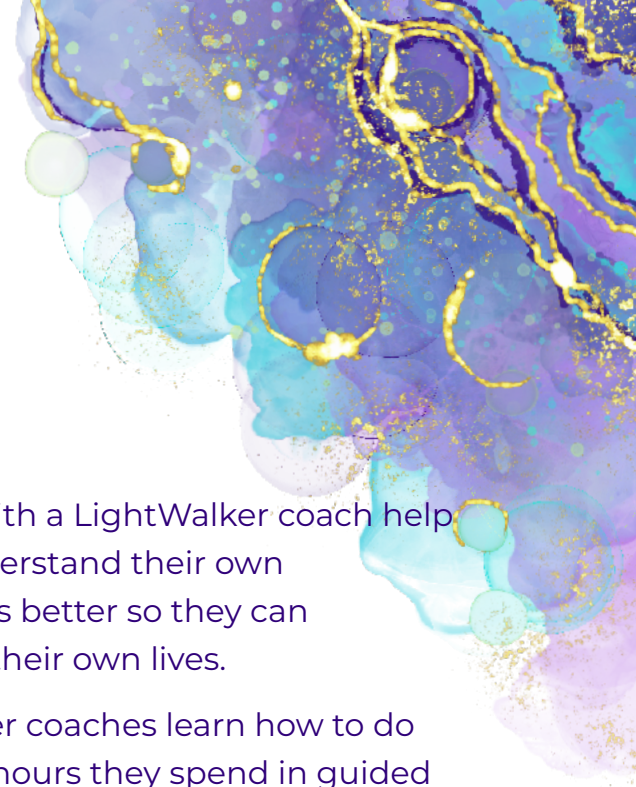
You will be given tools and learn proven skills that help clients become unstuck — tools and skills you can only learn at LightWalker Coaching. You will also be part of a powerful network of like-minded coaches.

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## What makes LightWalker accreditation meaningful to my clients?

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Clients know that LightWalker coaches are only accredited if they demonstrate competence. This is much more meaningful than simply a certificate of completion. In order to become accredited, your skills need to be benchmarked during 6 supervision sessions through the year.



Sessions with a LightWalker coach help clients understand their own motivations better so they can transform their own lives.

LightWalker coaches learn how to do this in the hours they spend in guided coaching, peer-coaching and one-on-one sessions with other qualified LightWalker coaches.

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## Who is eligible to apply to join the programme?

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In business, 70% of people feel that their leaders should act as coaches.

If you are a leader, a qualified coach or identify as a healer, and you want to deepen the impact you have on your team, clients or patients, LightWalker coaching is for you.

Anybody who wants to work holistically, with clients' physical, emotional, mental and spiritual selves and develop integrated coaching skills, either to build and extend their existing coaching practise, or to lead their teams in a more effective way, will be drawn to this programme.

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## What makes LightWalker Coaching Accreditation different from others?

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The LightWalker coaching programme is integrated. It is the only accreditation we know of that works with the *physical, mental, emotional, and spiritual* components of every client.

It does not require any particular spiritual belief or practice. But we do place emphasis on vulnerability, non-judgement, empathy and truth-speaking.

*LightWalker* coaches change lives.

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## What is expected of me during the training?

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Prospective coaches are expected to attend the launch on Saturday afternoon, 16 March 2024. After that there are there are 6, two-day, live sessions held on a Friday and Saturday in Melrose in Gauteng.

Between each live session, coaches will attend a supervised three-hour benchmarked triad for each coach to sharpen their skills.

Coaches will be assigned a buddy to coach and be coached by. This provides

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a vital opportunity to practice and integrate your skills.

Each coach is assigned a mentor, and will be coached by three separate Accredited LightWalker coaches during the year.

Coaches will complete four group projects, all aimed at helping you integrate the skills they are learning.

In November, you will have an opportunity to present yourself as a *LightWalker* Coach in a 60-minute session with Taryn and Erich.

The Graduation and Celebration session will be held in December.

**There is space for only 12-15 people to take advantage of this unique opportunity in 2024.**

**Secure your place today.  
Email Taryn at:  
[Taryn@LightWalkerConsulting.com](mailto:Taryn@LightWalkerConsulting.com)**

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I am drawn to the LightWalker Coaching programme.  
How much will it cost?

<b>You get</b>		<b>Value</b>
Six live two-day training sessions, at 9 hours per module = 108 hours of live training at R3,000 per day x 12 days		R 39 600
6 x 3-hour supervised triad coaching session, valued at R2,500 each		R 18 000
3 x one-on-one mentoring sessions with qualified senior Accredited LightWalker coaches (Corporate coaching rate of R4,200 an hour. Discounted rate for LightWalker Coaches, R1,200 per hour)		R 3 600
Six mentoring sessions with your assigned mentor (value R1,000/hour)		R 6 000
Reflection interview plus project feedback sessions with Taryn		R 3 000
<b>Total value</b>		<b>R 70 200</b>
<b>You pay</b>		<b>R 46 500</b>
Less discount for upfront payment	12%	R 40 920
Less discount for previous graduates of selected I am Lightwalker programmes	15%	R 39 525
Less discount for previous graduates of selected coach trainings	15%	R 39 525
<b>Combine different discounts for a maximum discount of</b>	<b>20%</b>	<b>R 37 200</b>

<b>Payment options</b>			
<b>No of instalments</b>	<b>Payable due date</b>	<b>Amount</b>	<b>Total</b>
1	Before 16 March 2024	R 40 920	R 40 920
2	16 March and 31 July 2024	R 23 250	R 46 500
4	16 March, 30 May, 30 July, 30 September 2024	R 11 625	R 46 500
6	16 March, 30 April, 30 June, 31 August, 31 October, 30 November 2024	R 7 750	R 46 500
10	First instalment before 29 February, then monthly before last day of the month until November 2024	R 4 650	R 46 500

**Any discount you are eligible for will be applied equally to the instalments. For example if you elect to pay in 10 instalments and you qualify for the top discount of 20%, you pay R4650 per month**

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## Structure and Dates for 2024

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### **Launch - 16 March 2024 - In Person in Melrose Gauteng**

A half-day session to get ready for the program. During this session you will discover more about the program, how to get ready for it, what you can expect and what is expected of you and you will meet and greet your fellow LightWalkers.

### **Six Live Training Modules of two days each**

#### **(Friday and Saturday - In Person in Melrose Gauteng - 8:30am - 18:00pm)**

Each module will introduce to the skills needed by a LightWalker coach, theory and models to use in your coaching, discussions and practice sessions. Participation and engagement in each module is a prerequisite for accreditation:

Module One - 12-13 April 2024

Module Two - 17-18 May 2024

Module Three - 28-29 June 2024

Module Four - 2-3 August 2024

Module Five - 13-14 September 2024

Module Six - 1-2 November 2024

### **Six Benchmarked Triads.**

In between each modules each person will participate in a 3-hour benchmarking session with a qualified benchmarker. (these will be offered online and in person). Each delegate will coach, be coached and observe a coaching session and will receive feedback from the benchmarker and other accredited LightWalker coaches around the skill level demonstrated and next steps to reach the necessary level for accreditation.

### **Buddy Coaching.**

In between each module you will be assigned a buddy to coach and be coached by. This provides a vital opportunity to practice and integrate the skills and tools you are learning.

### **Group Projects.**

There will be four group projects during the course of the program. These projects will focus on integrating the theory of the program

### **Three one-on-one sessions with Accredited LightWalker Coaches**

These sessions will support you in your journey to becoming a LightWalker coach.

### **Six one-on-one sessions with an assigned accredited LightWalker coach mentor**

Your mentorship sessions are a support to your development as a coach.

### **Final reflection interview during November 2024**

A 60-minute session with Taryn and Erich to share personal growth, insights and learnings from the program. This provides an opportunity to present yourself as a LightWalker coach.

### **Graduation, Celebration and your formal welcome into the growing network of LightWalker Coaches – Saturday afternoon and evening, 7 December 2024**

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# A *LightWalker* coach values:

## **1. Wholeness and integration**

People are multi-faceted. Each of us are having a *physical, emotional, mental* and *spiritual* experience of life. The LightWalker coaching approach is holistic.

As a LightWalker coach you will gain deep insight into these four dimensions and how to support your clients in healing and aligning all four of these bodies.

## **2. Intuition and truth**

Intuition is a powerful tool to connect with. We each have an inner knowing and internal guidance system that is profound and supportive.

As a LightWalker coach you will learn how to tap into the power of your intuition and how to help your clients do the same. You will discover how intuition is different to instinct, projection, mind-reading and being psychic.

## **3. Compassion and care**

We are all doing the best we know how to do. Every person has experienced pain, loss and trauma in their lives and this has translated into various coping mechanisms to survive.

As a LightWalker coach you will know how to work deeply with emotions and support clients through these emotions. The LightWalker coaching journey is an emotional masterclass.

## **4. Authentic power**

We can all perform our lives or we can live our lives.

As a LightWalker coach you will discover how to bring the internal self (feelings, thoughts and beliefs) in alignment with the external self (behaviours, expression and actions).



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A *LightWalker* coach has unique insight into the following models and tools

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### **1. The art of SURRENDER**

The ability to be in flow with life is key to living a life of joy and connection.

As a LightWalker coach you will gain deep insight into the seven steps to surrender, the surrender spiral of consciousness and how to use the LightWalker cards for yourself and your clients.

### **2. The magic of ARCHETYPES**

Each of us carry within us an archetypal profile that makes us unique. Each archetype shows up in our life in different ways and is the key to living a life aligned to our true purpose. Within these archetypes is a journey of self discovery and healing to move from the shadow of the archetype, through the ego of the archetype to the lightest expression of that archetype.

A LightWalker coach will be able to identify these archetypes in their clients and will know how to navigate a path from the shadow to the light of their personal archetypes.

There are also universal archetypes that exist within each persons consciousness and these can prevent us from embodying our true light.

A LightWalker coach is deeply skilled at working with the archetype of victim, prostitute, saboteur and addict and healing the wounds that hold these archetypes in place as barriers to change and expansion.

### **3. The gift of EMOTIONS**

Emotion is a vital component of the human experience. They are the wisdom of the heart and provide invaluable insight into the truth of each persons experience. Toxic positivity and emotional bypassing are ways to avoid emotions and this contributes to repeating unhealthy cycles in our life.

A LightWalker coach has a great respect for the emotions in themselves and their clients and knows how to unpack each emotion to discover the gift it has for the healing journey.

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A *LightWalker* coach is skilled at:

(these are the skills that are benchmarked for accreditation)

### **1. Building connection and creating safety**

A LightWalker coach has the ability to connect with people in a supportive, non-judgemental way that allows them to open up to sharing and discovering themselves. Through actively demonstrating care, compassion, kindness and nurturing, clients can feel safe to be challenged and discover what needs to change. Safety includes managing and respecting boundaries on a physical, mental, emotional and spiritual level.

### **2. Empathetic and intuitive listening**

A LightWalker coach listens with their eyes, their ears, their heart, their body and their intuition. This holistic listening allows them to help the client to listen to themselves and become mindful and attentive to their stories and patterns.

### **3. Discovering and healing patterns**

A LightWalker coach is able to see what may be hidden to the client. Through curiosity, questioning and tracking over time, the patterns of thinking, feeling and behaving can be revealed. These patterns and strategies can then be witnessed, understood, cared for, re-organised and altered to enable the client to make the changes they need to in their life.

### **4. Creating awareness and accountability**

A LightWalker coach is skilled at holding up a mirror to their client so they can see themselves, their wounds, their patterns and their light through the eyes of love and non-judgement. This brings the opportunity to see what shift they need to make internally and what action they need to take externally.

### **5. Truth speaking**

A LightWalker coach has the ability to share the truth with the client in a way that is loving, supportive, empowering and enlightening. This is about giving feedback and interrupting habits that may be sabotaging the clients progress and success. This can also be about saying what has never been said before. This requires deep connection and an exceptionally loving approach for it to be heard. Truth speaking is not about opinion but about guidance. It comes from the heart and soul (not the mind).

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## What Accredited LightWalker coaches say about the programme



"Without a doubt the best program I have ever been on. Highly recommended for anyone wanting to become an intuitive and holistic coach" — **Candice**

"The perfect complementary skillset for leaders in organisations. It will evolve your capacity to lead with consciousness, compassion and the ability to speak the truth." — **Wendy**

"Life changing, miracle making for self and the integration of skills to do the same for others" — **Nicolette**

"Any person in their personal capacity, leaders, entrepreneurs, doctors, parents, people that manage people... basically any person regardless of their calling, station or aspiration will benefit as this programme speaks to the mind, heart, and soul of all." — **Pearl**

"Overall the program was excellent in its design in both big and small aspects. The course offered quality content, practical and useful exercises, learning and support from the community of people on the program. The training will benefit anybody who is leading people through the uncomfortable yet natural process of change to access their inner resources to create new ways both on an individual and organizational level." — **Lizelle**



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